

Houston Recovery Center

The Restoring Hope and Health Initiative



A Case For Recovery



Recovery Programs

Letter from the Executive Director:

The Houston Recovery Center is a nonprofit Local Government Corporation that was created by the City of Houston in 2012 to operate the city's sobering center. This center provides an alternative to jail for individuals arrested for public intoxication. Over the past two years, we have reduced the number of individuals being arrested and jailed for public intoxication by 90 percent, freeing law enforcement to turn their attention toward more serious crimes.

The sobering center has had over 22,000 admissions in our first three and a half years, diverting non-violent offenders from costly jail and emergency room beds. Our proactive intervention strategy provides us with the opportunity to come face to face with a population of high utilizers of high-cost services: individuals presenting with a multitude of challenges, including substance use disorder, mental health disorders, other chronic medical problems, homelessness, and criminal justice involvement. These challenges cause them to repeatedly cycle through the sobering center, often requiring emergency medical transports and emergency room visits. You see them roaming our streets, disenfranchised and vulnerable. Our community can no longer afford to casually dismiss or ignore the ongoing and expensive public health issue reflected in this population.

Through compassionate engagement, skillful interventions and assessments, the Houston Recovery Center staff works to build a trusting relationship with each of these individuals while connecting them to resources appropriate for their individual recovery needs. Our care model consists of an 18-month recovery-focused program staffed by peer recovery support specialists and clinical case managers who view recovery as a longterm process. Unlike the traditional rehabilitation center, which concentrates on getting "heads in beds" and quick turnarounds, we focus on a recovery journey with a goal of rebuilding one's life. Our service model requires us to walk the journey with our clients, through transports to service sites, regular visits with them while in care, ongoing followup post-care, and assistance as they reintegrate into the community. We already see incredible outcomes, having empowered some clients to get off the streets and into jobs or educational programs and to re-engage with family.

With our addiction recovery expertise, Houston Recovery Center offers a unique and vital service to Houston. To cement the foundation we have successfully built and

to expand our service delivery, I am introducing The Restoring Hope and

Health Initiative, a major gift fundraising effort.

We invite you to partner with us in this incredible journey on the front lines of recovery. Your participation can change the social fabric of our community as we create an appropriate response to this alarming public health concern.

Leonard Kincaid

Executive Director

Houston Recovery Center

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Recovery Programs

Houston Recovery Center Takes Root

In 2010, a team of Houston representatives toured Haven for Hope, an innovative program that serves San Antonio's homeless. Across the street, a small unassuming building housed the Public Sobering Unit, part of the Restoration Center operated by the Center for Health Care Services. Instead of booking public intoxicants into jail, San Antonio law enforcement dropped them off at the Sobering Unit to get sober safely. This saved officers time and reduced court and jail costs.



At that time, Houston jails were overcrowded, and low-level offenses—including public intoxication—stressed jail limits. The court and law enforcement systems were also strained and individuals arrested received no assistance to address their substance use. The criminal justice system was a revolving door for individuals suffering from addiction.

Inspired by San Antonio's solutions, the idea to create a sobering center benefiting Houston took root. Leonard Kincaid and HPD Officer Mike Lee worked to create a plan and proposed it to the City of Houston. Mayor Anise Parker and Council Member Ed Gonzalez championed the cause. Within three years of that first San Antonio visit, the Houston Recovery Center was approved, funded and became fully operational. Serving public intoxicants plus offering them an array of addiction recovery supports and programs resulted in a sobering center model that is not found anywhere else in the United States.

While other models of sobering centers rely on costly medical personnel, 50% of Houston Recovery Staff staff are state certified Recovery Support Specialists. In addition to being a less costly workforce, they capitalize on their personal experience in addiction recovery and street savviness to effectively engage with clients. Change Begins at the Heart is a core philosophy of the Houston Recovery Center. Peers create a culture of care and respect that opens a client's heart and eventually doors for those ready for recovery. From the start, staff was there to pay it forward and continues to do so!



One year after opening, Houston Recovery Center launched Partners in Recovery. Its flagship program, PART, engages clients in 18 months of personal support and clinical care that includes a variety of treatment services, stable housing and life skills programs. Over 700 clients have enrolled in Partners in Recovery programs where many clients have made significant life changes including a few that have successfully gone from the streets into higher education.

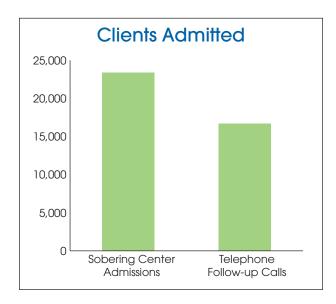
In 2016, a new public health epidemic impacted our community: the rapid rise of Kush. This is a synthetic drug containing volatile unknown and unregulated substances, hitting Houston's homeless. Houston Recovery Center took a lead role on the front lines of the Kush epidemic. Working in partnership with the City of Houston and Business

Management Districts, the Public Intoxication Transport outreach program was created to transport Kush impaired and intoxicated individuals from the streets to the sobering center.

One man's vision. A team of impactful city leaders. Collaborative partnerships. A culture of care and respect. Reduced strain on public safety and emergency services. Changing Lives. This is the story of the Houston Recovery Center.



Our Services and Programs....



Since April 2013...

The Sobering Center has admitted 23,379 clients with 70% one-time visitors and 30% repeat visitors. Staff has logged 16,704 phone calls to clients requesting a follow-up conversation with a peer recovery support specialist.

CLIENT PROFILE

Criminal Justice History

Emergency Room Use

Homeless

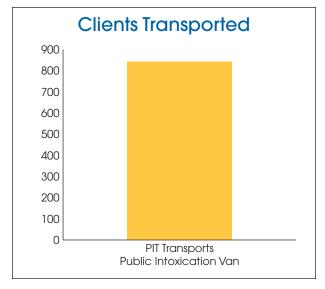
Substance Use Disorder

Mental Health Issues



Since April 2014...

Partners in Recovery has enrolled or engaged 764 clients in a level of care suited for them. Some clients never complete the program however many have stayed with us, and some for over three years, demonstrating steady progress in reconstructing their lives.



Since May 2016

PIT is a one of a kind, on the street intervention for public intoxicants many of whom are homeless.

Our newest service, PIT extends Houston Recovery Center's reach into community neighborhoods troubled by individuals, who are compromised by substance use and or mental health conditions, and present a major concern for residents and businesses.

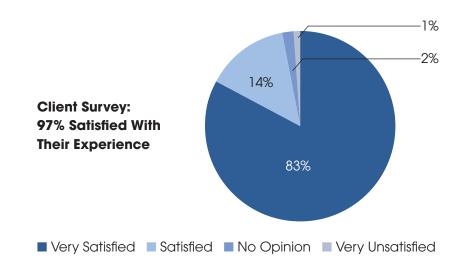




Photography: Brandon Oliver

Our Impact

On December 30, 2015 Timothy asked for recovery assistance from Houston Recovery Center. At age 49 he had been drinking for 31 years. This was his first attempt to enter addiction treatment. After successfully completing his treatment programs, Timothy was still homeless. Lack of safe Residential Recovery Program is a critical barrier for clients to achieve stability in their addiction recovery. His Partners in Recovery team referred him to Star of Hope's Men at Work program which provides temporary housing while it trains men in job skills. After graduating Star of Hope's program, Timothy became employed as a chef at a local country club. Houston Recovery Center and Star of Hope staff celebrated his achievement by gifting him a set of professional kitchen knives and chef's coat. Since Timothy is a veteran, Houston Recovery Center staff worked with him and the Department of Veteran Affairs to obtain a housing voucher. Timothy was able to find permanent housing on his own. Timothy continues to flourish. However, recovery supportive housing continues to be a critical resource that is in short supply.



Sobering Center Impact on PI Jail Admissions



PI Admissions



Recovery Programs

Introducing The Restoring Hope and Health Initiative

As the Houston Recovery Center works toward achieving the goals in its strategic plan, it seeks community partners willing to fund specific aspects of its mission. The sobering center operations are funded by the City of Houston, but such programs as the Partners in Recovery and the Public Intoxication Transport are not. Rather, these programs were developed in response to client and community needs. Partners in Recovery is funded by a 5-year federal waiver that will transition into a partial payment structure. The Public Intoxication Transport program started as a 2-month pilot program funded by local monies. Both initiatives have produced results exceeding expectations. Cutting corners in the sobering center operations to help fund these programs, as well as others, would negatively impact client safety and quality of care. Putting sobering center clients at risk is not an option.

Through *The Restoring Hope and Health Initiative*, the Houston Recovery Center seeks funding partnerships with community members that believe in and support the health and safety of Houston citizens. Organized around "mini-appeals", it focuses on generating the necessary revenue to sustain the programs the Houston Recovery Center has created and to expand delivery of vital services to meet growing community needs. By supporting the mission and services of the Houston Recovery Center, your contribution allows us to continue to address a costly public health issue impacting communities and Houston's public health, emergency medicine and public safety services. The Houston Recovery Center is a 501(c)(3).





Frequently Asked Questions

Q: Why is the Houston Recovery Center embarking on a Major Gift Initiative?

A: As we celebrate our 5th Anniversary, we must expand our capacity and sustainability by enhancing collaborative partnerships and opportunities for philanthropic investment in the Houston Recovery Center.

Q: Why is the Houston Recovery Center asking me for a five-year pledge?

A: Raising funds over a five-year period helps us to achieve our common goals while lessening the financial pressure on our supporters. In general, one can expect a 95% completion rate in a five-year Major Gift Initiative. In addition, over the course of the next five years, the Houston Recovery Center will be cultivating and developing new friends to commit to its future success and longevity.

Q: Who will be asked to make a commitment?

A: Everyone who has participated in the Houston Recovery Center will be asked to consider a meaningful and proportional gift. Although organizations, foundations and businesses will also be solicited, we expect individual and family donations to account for a significant percentage of all monies raised.

Q: How will the funds be raised and collected?

A: Depending upon the payment schedule, donors will be reminded of their upcoming pledge payments.

Q: How much should I give?

A: Consider your gift as a meaningful investment based on your financial ability to give. Receipts will be mailed at the end of each calendar year for all amounts received during the year.

Q: How do I pledge?

A: A signed Pledge Agreement or Letter of Intent, prepared by the Houston Recovery Center, will document your commitment to the Initiative.



Frequently Asked Questions (Continued)

Q: Can my employer match my gift?

A: Your payment or gift to *The Restoring Hope and Health Initiative* may be doubled or tripled if your company has a matching gift program. Please check with your employer to see if they will match a charitable contribution and be sure to request a matching gift form from them.

Q: I have already contributed to the Houston Recovery Center. Why do I need to contribute to this Initiative?

A: This Campaign is about sustainability and the future of the Houston Recovery Center. We ask you to look into your heart and to ask, "How did the Houston Recovery Center help both me and/or my community?" This is a "stretch" commitment that will demand inner reflection.

Q: Are my contributions tax-deductible?

A: As a 501(c)(3) non-profit organization, gifts to *The Restoring Hope and Health Initiative* are tax deductible to the extent allowed by law. An acknowledgment and receipt of your gift will be provided to you for income tax purposes. Should you have specific questions regarding tax deductibility, you are encouraged to contact your accountant or tax preparer.

Q: If my financial circumstances change, may I alter my pledge?

A: Your pledge is made in good faith and is entirely voluntary. If your circumstances change, you may alter your pledge by simply notifying the Houston Recovery Center business office.

Q: What happens if the Houston Recovery Center does not meet its financial targets?

A: The goal or target is just that, something we aspire to attain as a charitable organization. There are no consequences if we do not meet our goal, other than less resources being available to address the needs identified by the Initiative.

Q: W	/hom can we	contact to	obtain	more I	nitiative	informa	tion?
,	A: Please call						